

# HOLY NAME PARISH

GOUGH AND DANFORTH (at Pape Subway)

Rectory: 71 Gough Ave. Toronto, Ont. M4K 3N9

Phone: 416-466-8281

Fax: 416-466-8559

Web site: [holynameto.archtoronto.org](http://holynameto.archtoronto.org)

Email: [HolyNameTO@archtoronto.org](mailto:HolyNameTO@archtoronto.org)



Welcome to Holy Name. We encourage all parishioners to become actively involved in your parish through its many groups and ministries. We also need and appreciate your financial support from regular offertory envelope contributions. Please ensure that you are registered with the office. Parishioners who are changing their address are asked to inform the parish office.

**Pastor:** Reverend Eric Rodrigues

**In Residence:** Rev. Yaw Acheampong

**Parish Secretary:** Mrs. Pamela Cobham

**Director of Music:** Peter Smith [peter.smith1@hotmail.ca](mailto:peter.smith1@hotmail.ca) 416-989-3542

**Parish Office Hours:** Mon, Tues, Wed and Fri 9 am - 12 noon 1 pm - 5 pm

## CELEBRATION OF THE EUCHARIST

**Saturday:** 5:00 pm (in the church)

**Sunday:** 10:00 am (children's program only at 10 am service)  
12:00 pm (African Catholic Community)

**Weekday:** Monday-Friday at 12:05 pm in the church

**Eucharistic Adoration:** every Friday 12:30 pm - 1:30 pm in the church.

**Sacrament of Reconciliation:** Saturday 4:00 pm - 4:45 pm and on request.

## BAPTISM

By appointment and after instruction.

## MARRIAGE

**Archdiocesan Marriage Policy:** Couples planning to be married must contact a priest one year in advance. They must also receive personal preparation for entering marriage.

**Catholic Cemeteries:** 416-733-8544

Archdiocese of Toronto: [www.archtoronto.org](http://www.archtoronto.org)

Saint Vincent de Paul Society (to help neighbours in need) 416-469-0842

Holy Name School:

Phone 416-393-5215

Fax 416-393-5934

690 Carlaw Ave

Principal: Ms. Maren Askin

The Parish Hall and Rooms are available for rent - please email [holynameto@archtoronto.org](mailto:holynameto@archtoronto.org).



Dear parishioners,

This week we will enter the holy season of Lent, beginning with **Ash Wednesday on March 5<sup>th</sup>**. At Holy Name, we will have 2 Masses that day – **12:05pm and 7pm**. Please consider making the time to attend Mass on that day as it will be a great way to prepare the heart for the following 40 days.

Here are some other reminders about the spiritual practices the Church encourages us to do during Lent: Ash Wednesday and Good Friday are the days of **fasting and abstinence**. On these days, we perform some sort of penitential act. By making a sacrifice in a bodily way, our hearts are assisted in order to live our faith in a deeper, more honest way.

Fasting means that we limit the amount of food and drink – typically, it means that on a day of fasting we limit ourselves to one main meal and two smaller meals, with no snacking in between.

Abstinence means that we abstain from eating meat. For most of us, this is also a small sacrifice, and it ought to remind us that Jesus sacrificed his own flesh for us on the Cross. On a day of abstinence, we should also be careful not to overindulge in the “non-meat” foods...strictly speaking, a fancy lobster dinner with extra dessert does not have meat, but it would not really be in the spirit of sacrifice and abstinence!

In the Catholic Church, the rule of fasting applies to those who are 18 to 59 years of age, and the rule of abstinence applies to those who are 14 years of age and older. Of course, for those outside of those age groups, it is still a good idea to develop a sense of penance and sacrifice for the Lord.

With any kind of physical penance, we must also remember that the primary goal is the conversion of my heart. It will be of no use to fast, abstain from meat, and have a strong Lenten penance if after the 40 days the practice of my faith has not changed much. Let us keep the ultimate goal in mind as we try to make a good spiritual plan for the next few weeks. A blessed Lent to everyone!

Fr. Eric



Mon. March 3rd

12:05 pm:  
**Deceased Members of O'Donnell Family  
For the Intentions of Sue Edge**

Tues. March 4th

12:05 pm: **Esther Ryan & Family +**

Wed. March 5th

**12:05 pm & 7:00 pm - ASH WEDNESDAY MASSES**

Thurs. March 6th

12:05 pm: **Mary & Harry Keane +**

Fri. March 7th

12:05 pm: **Romeo A. Lopez +**

Sat. March 8th

5:00 pm: **Joseph Castelino +**

**1<sup>st</sup> Sunday of Lent –  
Sunday, March 9<sup>th</sup>, 2025**

**1<sup>st</sup> Reading:** Deuteronomy 26.4-10

**Responsorial Psalm:** Ps 91.1-2, 10-11, 12-13, 14-15

**Second Reading:** Romans 10.8-13

**Gospel:** Luke 4.1-13

***We keep in our prayers the sick, elderly, the homebound, the “forgotten members” in our community, and their families and caregivers. “Lord surround them with your healing and steadfast love.” especially Kateri Ryan, Darryl Smart, Carl Wilcox, G. Pitrolo, Ann Gilbride, Paul Ryan, Sherry MacEachern, Daniel Giles, Mae Bradley, Jaden Babcock, Valrie Lashley and Maria Jose Bouey.***

**SANCTUARY LAMP**

is lit this week

**In Memory of Tony Alo**

requested by Sue & Ron Keeble

**THANK YOU**

**To the Knights of Columbus Monsignor  
Ingoldsby Council 9079**

*For their donation of \$1,000.00 to the parish.*



**Masses on Ash Wednesday, March 5th will be at 12:05 p.m. and 7 p.m. in the church. Ashes will be distributed at both Masses.**



**CONGRATULATIONS TO THE CONFIRMANDI CLASS OF 2025**

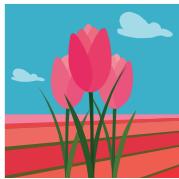
- Luca Daniel Armijo Aguilar
- Louise Margaret D. Buatis
- Nolan David Dakin
- Ava D'Alessandro
- Nathan Andre Dempsey
- Annabella Susan Loretta Durst
- Oliver Nolan Farinha
- Brandon Filipe Borges Ferreira
- Nepthalie Bacalso Gayla
- Hannah Nicole Elizabeth Hart
- Vanessa Rose Labate
- Andres Le Calvez Sanchez
- Ysabella Mancilla
- Diana Mae Mills
- Alexander D'Aundre Morris
- William Joseph Nicholas-Schmidt
- Colin Eric Heiko Ott
- Rhys Edward Hoang Panyan
- Prasad Jr. Guitering Shanmugasundaram
- Mila Anne Spindler
- Graham Peters John West



**Stations of the Cross  
Every Friday during Lent  
At 7:00 p.m.**

**All Parishioners are welcome!**

Date	Lead Group
March 7th	Lector's
March 14th	Hospitality Ministers
March 21st	St. Vincent de Paul – (Stations led by Children)
March 28 <sup>th</sup>	Eucharistic Ministers
April 4 <sup>th</sup>	African Catholic Community
April 11 <sup>th</sup>	Teams of Our Lady



**Flowers**

During the Lenten Season please refrain from bringing in flowers into the church. Flowers needed during the Easter Season. Thank you.

**Thank You!**

**To our Confirmation  
Preparation Team who prepared the  
Confirmandi Class of 2025.**

***Michele Mellow, David Royle, Carol Soloman  
and Kathleen Wilkinson***

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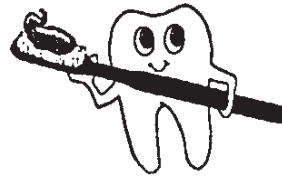
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Dental Surgeon

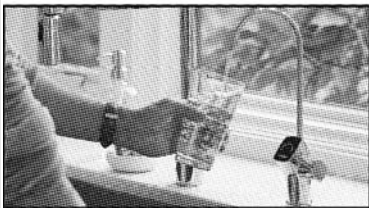
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